

# SIMPLY

*FINALS*



**MDU**

**WESLEYAN**

*we are all about you*



MDU

WESLEYAN

*we are all about you*

# Introduction and Top Tips

Dr William Dooley and Dr Andrew Smith



# SIMPLY Structure

Wednesday evenings until 4<sup>th</sup> March 2015

1800 (sharp)- Focused teaching on key topics

1900-2100 - Specialist-led lectures

2100 onwards - Relax!

TTAs/Homework



Online lectures/resources - [www.simplyrevision.org.uk](http://www.simplyrevision.org.uk)



# Week 1 Plan

- Introduction to SIMPLY revision lectures
- ECGs
- ABCDE assessment
- SIMPLY... Cardiology by Dr Joshi



# New This Year...

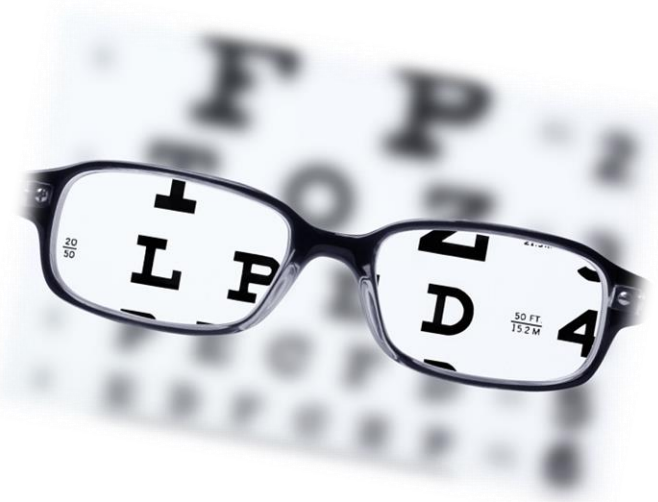
21<sup>st</sup> February 2015

**SPECIALTY REFOCUS DAY**

Perrin Lecture Theatre

Refreshing your knowledge on:

- **O&G**
- **Paediatrics**
- **Rheumatology**
- **Psychiatry**



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*FINALS*

# Simply Survey

- Thanks to all those who completed it.
- The lucky winner of a ‘Pocket Prescriber’ is...

**JASMIN BANSAL**

*...Or Richard Jefferies*

*...Or Myra Laurenson*



# Simply Topics via Survey

<b>DRUGS</b>	<b>COMMUNICATION AND PRACTICAL SKILLS</b>	<b>DATA INTERPRETATION</b>
<p><b>Fluids</b> <b>Oxygen Therapy</b> <b>Insulin and Diabetes</b> <b>Asthma</b> <b>COPD</b> <b>Analgesics</b> <b>Antibiotics</b> <b>Hypertension</b> <b>Heart Failure</b> <b>Anticoagulants</b> <b>Arrhythmias</b></p>	<p><b>ABCDE</b> <b>Breaking Bad News</b> <b>SBAR/Presenting</b> <b>Explaining</b> <b>Cannulas</b> <b>Blood Cultures</b> <b>ABGs</b> <b>Pre-op assessment</b> <b>Blood Transfusion</b> <b>Catheterisation</b> <b>Ethics</b></p>	<p><b>ECGs</b> <b>Blood Gases</b> <b>Prescribing Techniques</b> <b>X-rays</b> <b>Fundoscopy</b> <b>Complex Discharge</b> <b>Bloods</b> <b>Drug Calculations</b> <b>Sepsis</b> <b>LoC</b></p>

# “Our” Tips

Try to examine and take focussed history of each system  
>2 times a week

- With **feedback** (exam-like practice)
- Peer-peer **marking** (with mark schemes)
- Present to them and offer management plan

Continually ask yourself:

*“is what I’m doing beneficial to my learning?”*

- Don’t underestimate the clinical aspects.





# Exam Tips!

- Smile (or try) and speak clearly
- If stuck keep it simple...
  - Examination- Inspect / palpate / percuss / auscultate
  - Management- Investigations / Treatment / MDT
  - If in doubt, ABCDE!
- EMQs: Read the question – does the answer make sense?
- OSCEs: Read the instructions and look for clues. The purpose of the station will be written in bold.



Simply...

enjoy!

[www.simplyrevision.org.uk](http://www.simplyrevision.org.uk)



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